

		Fitness Instructor/ Personal Trainer	
Job Description			
Effective Date: 5/17/21		Revision: A	Document # JD-HR-XXXX

Reports to:

Community Recreation and Wellness Manager,
 Assistant Community Recreation and Wellness Manager,
 Operations Supervisor,
 General Manager

Compensation:

Variable: Ongoing or seasonal employee, less than 2080 regularly hours scheduled per year, eligible for overtime, not eligible for benefits
 Per Class: Paid per class based on experience, certifications, and type

General Responsibilities:

Responsible for providing fitness instruction, health and fitness assessments, developing exercise programming for all members, individual programming for personal training, and/or developing group training programs. Work within a team environment to provide a safe and effective atmosphere for appropriate development of increased participation and providing community wellness.

Specific Responsibilities:

1. Provide the safety and supervision needed for all class participants
2. Teach/ lead/ instruct personal training clients or group fitness members
3. Work with other staff to maintain the safety standards, cleanliness, and integrity of HAC facility
4. Required to meet goals and key performance indicators set by Fitness Manager and clientele
5. Demonstrate willingness to adjust class formats or presentation to accommodate class participants and fitness levels
6. Perform the responsibilities to set up and take down of equipment and class materials
7. Attend all in-services, staff meetings, or retraining sessions as designated by Wellness and Operations Manager
8. Identify facility needs and assist staff and guests in all areas of the facility as needed.
9. Recruit and identify new sales and marketing tactics allowing members to find value in training services in departmental growth and sustainability.
10. Dependable and strong work ethic as well as excellent communication, verbal, and customer service skills. Qualified applicants will possess a high level of professionalism and discretion.

Essential Qualifications:

- Minimum age of 18 years old
Personal Training or group fitness certified from a nationally certified institute
- One of more years' experience working with clients in one on one training or small group training at private or public health and fitness facility
- Possess an ability to work well with children and/or adults
- CPR/ AED certified
- Extensive knowledge of fitness, cardiovascular training, nutrition, and fitness design
- Knowledge of safe techniques and exercises and injury prevention
- Ability to build relationships with members, clients, and staff
- Demonstrate a willingness to take direction or input from others

Preferred Qualifications:

- Lifeguard Certification

Physical Demands:

The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

Work Environment:

The work environment characteristics described here are representative of those an employee encounters while performing the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.